

Preparing students for the School Wellness Assessment

#1

Provide them with information

School Wellness

Assessments are new and "new things" can make some students feel uneasy. Let them know this is an easy quiz that will ask them how they feel about themselves, other students and their school. Nothing to worry about!

#3

Taking the Assessment

Although the questions on this assessment are relatively easy to answer, students will need a quiet place with no distractions to answer questions. They will also need enough space between each other to ensure their answers are kept private.

#5 Allow students to answer for themselves.

It is very important students provide their own answers. It is okay to read the question and provide meaning to specific words but students must give their own answers. The more details they can give the better.

#2

Logging into the Assessment

Some schools will ask to have a special link on their School Home Page and other schools will use the WSA website. ASK your School Administrator the log-in process.

#4

Students may have questions

If students have questions or need a teacher to help explain the meaning of a word, this is totally okay. If a child needs a teacher to read the questions to them, this is okay too.

#6 Questions after the Assessment

The School Wellness Assessment often brings up lots of questions or comments. It is important to direct these questions to the school counselor. We want every student to feel safe before and after the assessment. All questions should be directed to the school counselor in a private setting.

