## RAISE THE VIBE GEN



### POSTERS



**#RAISE THE** 

WWW.WELL-BEINGSAFETYASES



WHY DOES GEN-Z DO WHA LOVE?

IT'S NOT COO BE UNHAPP

IT'S NOT COOI BE DEPRESSE

Our emotions are the indic show us what we love an we don't.

TAKE A STAND. DO WHAT YOU LOVE!

THAT IS WHAT'S COOL.

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Eat Healthier

Focus On What You Love

Be Grateful

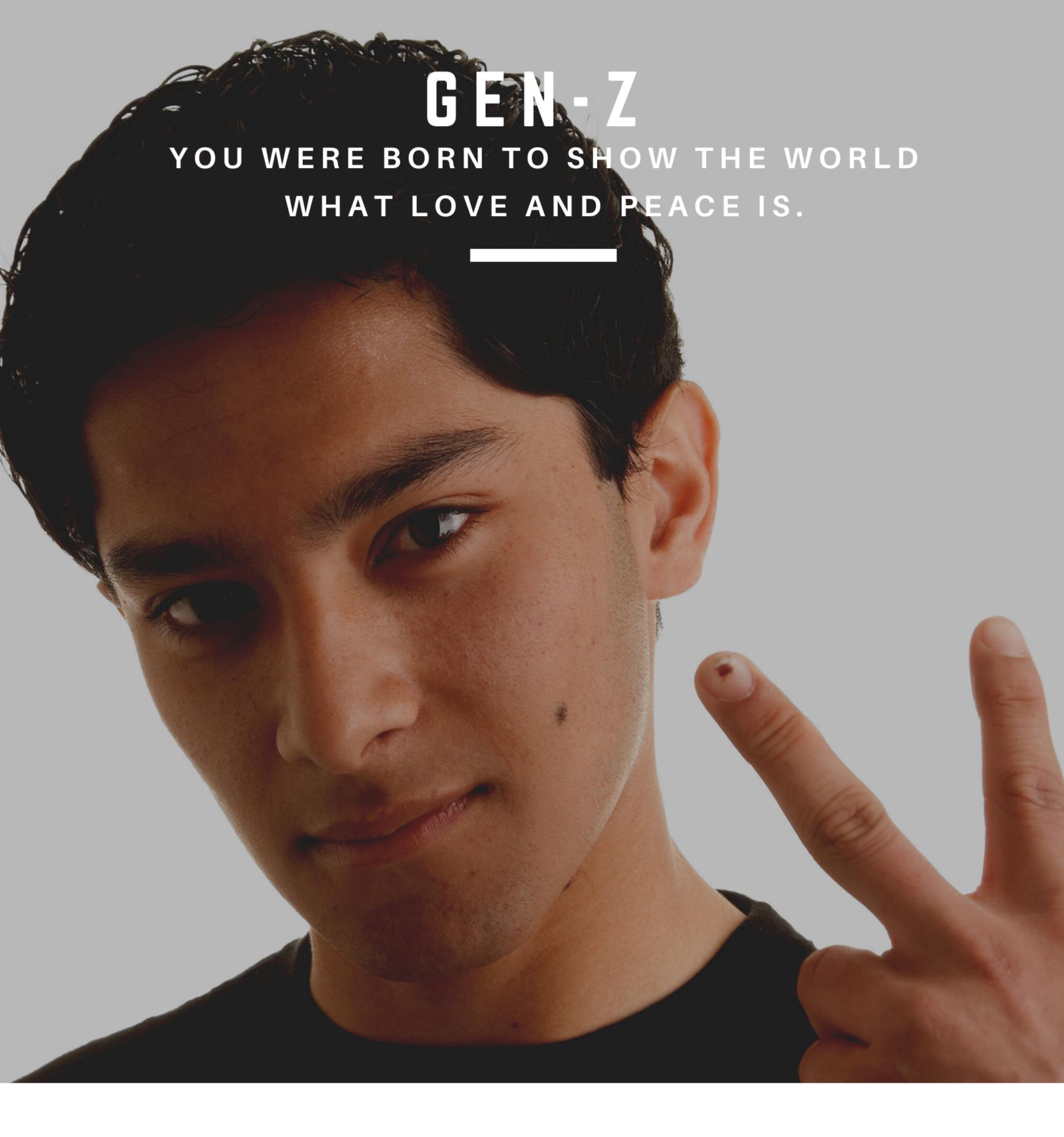
Meditate

Be Generous

Forgive Others

Spend time in Nature Play with Your Pet Consume High-Vibe Music, Books and Movies





#### #RAISE THE VIBE





# IT'S NOT COOL TO BE UNHAPPY.

# IT'S NOT COOL TO BE DEPRESSED.

Our emotions are the indicator to show us what we love and what we don't.

### TAKE A STAND. DO WHAT YOU LOVE!

THAT IS WHAT'S COOL.

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### WANT TO FEEL BETTER?

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Be Grateful
Be Generous
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Forgive Others

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Play with Your Pet
Consume High-Vibe
Music, Books and
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