

According to the Parent Resource Center, suicide is the second leading cause of death for students ages 10-24 years old. The WSA online wellness Assessment asks students specific questions surrounding how a student is feeling. Students are given the opportunity to not only reach out and ask for help for themselves but also given the ability to provide information about a friend who may also be considering hurting themselves or someone else.

There are many things to consider when it comes to campus safety and students are often the first ones to know when a classroom window isn't locking, an outside door is being propped open, or the parking lot lights stopped working. The WSA wellness assessment provides an opportunity for students to voice what they **KNOW** when it comes to school safety.

The WSA online wellness assessment allows students to be the eyes and ears of the school. Students are not only asked about their own personal being but also about other students. Have they seen or heard anything they feel is unsafe or suspicious. School administrators can not be everywhere all the time. The screening allows administrators to gather necessary info to assist every child.



The key to preventing violence/ bullying/ racism in schools is simple: screen students for anger. The WSA online wellness assessment asks students important questions in 8 high-risk areas: Anger, Depression, Emotional wellness, Drug/alcohol Use, Child Abuse/Neglect, Information About Others, School campus safety and COVID-19.

Students log-in to a simple encrypted online screening, answer 55-questions about themselves, other students and the school they attend. School Administrators receive a confidential report with valuable information to assist kids before it is too late.

The WSA online wellness assessment looks at a student's mental health. It does not provide a diagnosis but does ask pertinent questions about the student's emotional stability, such as if they are hearing voices or seeing things that others do not see. Again, this information is confidential and only given to the school administrator to assist in helping the student to find the right treatment resources.

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Whether you are teaching in the classroom or educating remotely this year, **The School Wellness Assessment is now more important than ever.**

Students are struggling in many areas due to the indirect and direct effects of the Coronavirus. Children and teens may be battling emotionally with the stress of being taught virtually or socially due to being isolated away from teachers and their friends. Some kids are experiencing child abuse and neglect and have no way to report the information to a counselor and many are dealing with lack of food due to shortages at home.

School Wellness Assessments screen every student with a safe online 55 question assessment that can be linked easily to your school's homepage. It focuses on issues such as anger management, depression, drug/alcohol abuse, child abuse/neglect, COVID-19 challenges and much more.

Once the assessments are completed, school administrators are given a thorough report identifying every high risk student and the specific area of concern(s). This is an unprecedented time requiring all schools to do what is necessary to ensure their students are safe and free from harm's way.

Finally, The WSA Assessor will work directly with school counselors in locating local, state and national resources to assist every student and their family. All students and their families will be given a Treatment Resource Handbook identifying resources in the specific 8 targeted areas.

## Why do I need a School Wellness Assessment?