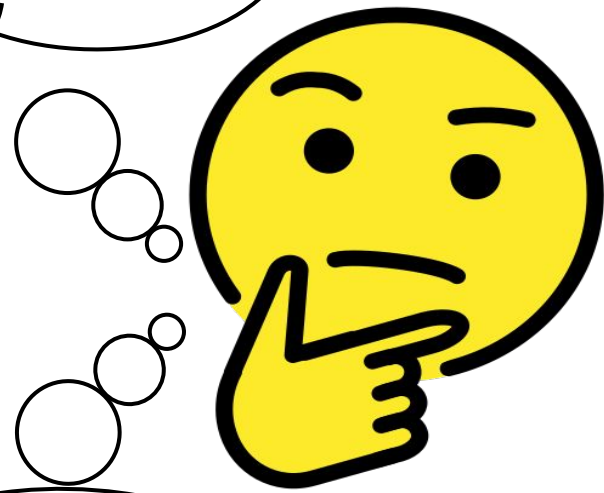




Feeling Lonely

Directions: In the top bubble, identify when you feel lonely. In the bottom bubble, think of things you can do when you are feeling lonely.

I feel lonely when...



When I feel lonely, I could...