



Self-Absorbed

Directions: Read each question below and circle the best answer.

1. **A self absorbed person:**
 - A. is absorbed with everyone else
 - B. often talk about themselves
 - C. seems to only care about helping others
 - D. seems to care only about themselves

2. **True or False. A self absorbed person doesn't care about others.**
 - A. True
 - B. False

3. **What is the best way to change the conversation when speaking with a self-absorbed person?**
 - A. Avoid conversations with the person.
 - B. Politely let the person know you have something to share.
 - C. Tell the person they talk about themselves too much.
 - D. Roll your eyes in disgust and walk away.