

SCHOOL SAFETY SOCIAL MEDIA PACKET

Tell our Resource Officers
how much you appreciate them

Lifesaver
to remind you of the many times you have been
Starburst
for the burst of energy that you receive
Popsicle Roll
with the purpose

Happy

If your child is struggling with anger,
depression or mental health concerns,
there is help.

Feeling

Online
Classes

Consultation

Assessment

I choose to be

facebook

APPROVED



assessments.com

Tip

Focus on just one
thing at a time.

1. Have a game night with snow
2. Go Bowling
3. Make a bird feeder for outdoors
4. Visit a museum
5. Go for a walk
6. Bake

25

Posts

We prepared your
social media posts
for January
FREE!

Well-being Safety
Assessments

JANUARY 2023

How do I use the Social Media Posts?

Step 1: Use the template link to open on CANVA.

Step 2: Download the separate PNGs using the the Share button on CANVA.

Step 3: Upload the individual PNGs to the school Facebook site to have a professionally designed post.

Step 4: Resize the posts to fit Twitter, Instagram, and other social media accounts with a click of a CANVA button.

Step 5: Subscribe for monthly Social Media posts using the button below!

[**Monthly Social Media Posts**](#)



Thank you for making school safety a priority.

Well-being Safety Assessments is an organization that is dedicated to preventing violence in schools across the United States.

We invite you to become a Proactive School and get access to free school resources at www.well-beingsafetyassessments.com

WSA provides

The Proactive Collection:

A toolbox filled with school safety solutions

- [School Wellness Assessments](#)
- [School Safety Environmental Assessments](#)
- [The School Helpline](#)
- [Full-Day of School Violence Prevention Training](#)
- [Social Emotional Learning Online Classes for middle/high school aged students](#)
- [Social Emotional Learning videos for elementary aged students](#)
- [School Safety Posters](#)
- And much more.

To edit and download this month's School Safety Social Media Packet go to:

https://www.canva.com/design/DAFV4qJBRZo/ff4E5XB3-H-x4a2QqDkkyg/view?utm_content=DAFV4qJBRZo&utm_campaign=designshare&utm_medium=link&utm_source=publicsharelink&mode=preview

**Every month receive a Social Media Packet in your inbox.
Cancel at anytime prior to receiving your information.**

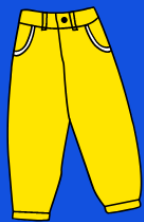
DRESSING FOR THE WINTER

It is important to dress appropriately for the cold.



Chilly Weather

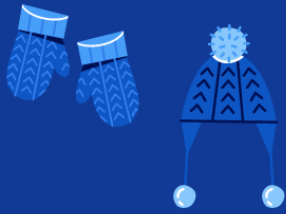
Adding layers as the temperature drops will keep you warmer



Add 1-2 layers



warm shoes



hat and gloves

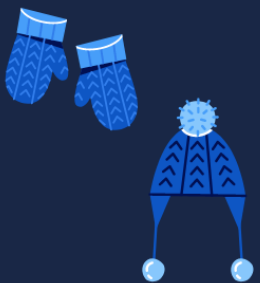
Cold Weather



Add 2-3 layers



warm boots



hat and gloves

Extreme Cold Weather

Add 3-4 layers

scarf



water proof boots



Winter Activities to do with kids

1. Have a game night with snacks
2. Go Bowling
3. Make a bird feeder for outside
4. Visit a museum
5. Go for a hike
6. Bake your favorite dessert
7. Go Ice Skating
8. Read a book together and discuss
9. Volunteer somewhere
10. Have a snowball fight
11. Make a craft together
12. Create a fun dance video
13. Do a scavenger hunt indoors
14. Make a scrapbook
15. Check out a local coffee shop together
16. Play a board game
17. Complete a puzzle
18. See a musical
19. Make a fort and watch movies
20. Learn a new language together



SPENDING TIME TOGETHER CAN BE SO MUCH FUN!



Martin Luther King Jr. Day

January 16, 2023



Law Enforcement Appreciation Day

January 19, 2023

Tell our Resource Officers
how much you appreciate them:



Lifesaver

to remind you of the many times you have been one

Starburst

for the burst of energy that you need

Tootsie Roll

you have to roll with the punches

Payday

since you are not doing it for the money

Gum

to help everyone stick together

Hershey Kiss

to show our love for you

Peppermint Patty

helping you keep your cool

Snickers

to help you keep your humor

Mounds

for the mounds of courage you show

THANK YOU
FOR ALL YOU DO!





Happy

MONDAY



Be the energy you want to attract.

**This is your
Monday morning
reminder that
you can handle
whatever is
thrown at you
today.**






Monday Tip

Slow down and focus on just one thing at a time.





When life
gives you
Monday, dip
it in glitter
and sparkle
all day.

Ella Woodward

Hello...

Tuesday



**Speak good
words.**

**Think good
Thoughts.**

Do good deeds.





Tuesday Tip

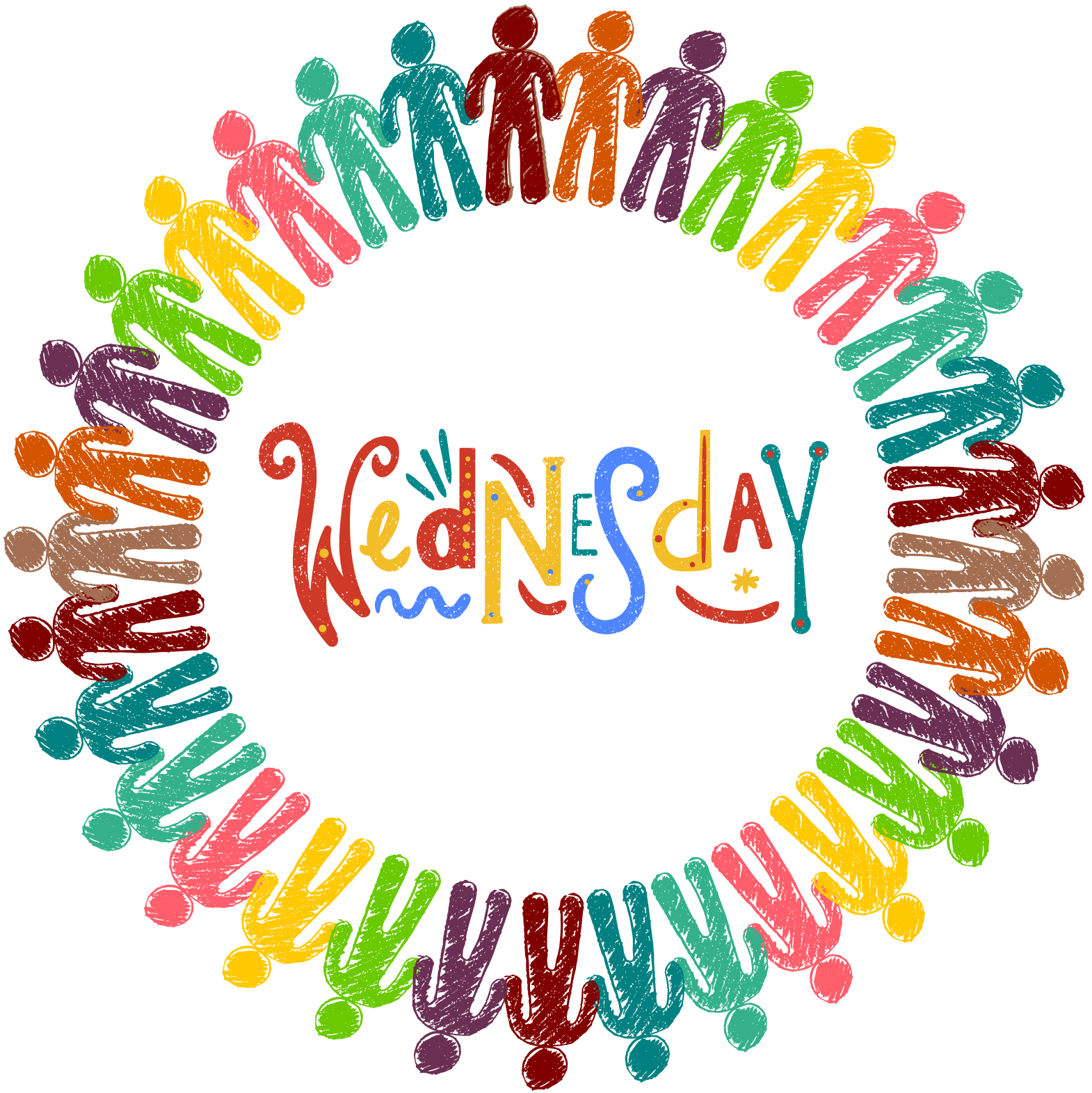
There are 4 days until Saturday
to make things happen.



It is Choose Day!

Choose to Smile
Choose to Love
Choose to Help
Choose to be Kind
Choose to be Happy
Choose to be YOU!

Happy Tuesday!!



Beautiful Minds Inspire Others

**No Matter how
bad yesterday
was,
Today is a new
day filled with
new
opportunities!**





Wednesday Tip

Have a wacky Wednesday!
Don't forget to smile and laugh
once in a while.



I choose to be
happy not
because
everything is
good, but because
I choose to see
the good side of
everything.

**Happy
Wednesday!!**

THURSDAY



**Thursday is
how Friday
says, "hold on
we are almost
there."**





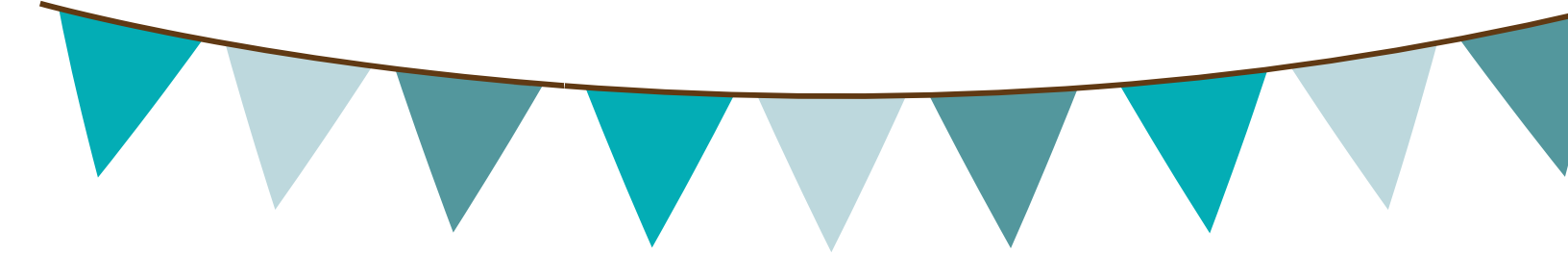
Thursday Tip

One small positive thought can
change your whole day!



May joy and
happiness
accompany you
throughout today
and tonight.

Happy Thursday!!



It's

Fridiay

Smile.
It is
Friday!





Friday Tip

Take your life and make it the
best story in the world.



Well.

Well.

Well.

Look who decided
to show up.

Friday.

**Happy Friday
Everyone!!**

If your child is struggling with anger,
depression or mental health concerns,
there is help.

Online
Counseling

Online
Classes

Consultation

Assessment

573.451.2151



www.well-beingsafetyassessments.com